

Volunteer Role Profile

Volunteer Role	George Mackenzie House Activities and Engagement Volunteer (Cambridge, Fulbourn Hospital)
Volunteer Manager	Katherine Atkins
Where you will be based	Hospital

Why we want you

George Mackenzie House is a low secure unit providing development opportunity in the Recovery focused care of male and female adults experiencing difficulties associated with a range of acute often long-standing mental health illnesses. The Multi Disciplinary Team (MDT) assess and review all aspects of patient care seeking to use a holistic, collaborative approach in the preparation of individual care-plans where each patient is central to this process.

We believe in truly collaborative care, support and positive risk taking. Treatment plans for patient's goes beyond medication and included engagement in therapeutic activities and each and every conversation held with them.

To provide supportive and meaningful time with patients. This may be in the form of a friendly conversation or a shared activity such as crafts, art, board game, musical instrument playing. To see patients individually or perhaps in a small group. To take direction from ward staff on the ward about who may benefit from time with a volunteer. To take guidance from ward staff on any relevant risks or specific patients needs.

What you will be doing

- Spending time with patients, this may be through active listening and general conversation
- Support patients in meaningful activities and engagement, working alongside activities coordinator
- Complete patient and carer survey feedback
- Undertake some art's and crafts activity with patients

The skills you need

- A real interest in helping people who may be vulnerable and experiencing a challenging time
- The ability to listen to others and support them in a way that promotes independence, confidence, and recovery
- A professional and confidential approach and a good awareness of

personal boundaries

- Non-judgmental, respectful, open minded and tolerant
- Volunteers are expected to be present in communal areas and not expected to accompany patients to their bed space unless with a member of staff. They must not participate in any nursing tasks such as bed boards, or physical observations
- Understanding of confidentiality and the expectation to not over share on personal details or of any personal information ie social media accounts
- Ability to hand over any interactions they have had that can help with care planning or identifying risks

What's in it for you

- Local induction into CPFT and your department
- On-going support from a named member of staff
- Additional training as required for your role
- Reimbursement of your travel expenses (on production of receipts)