

Volunteer Role Profile

Volunteer Role	Garden Guardian Volunteer, Springbank
Volunteer Manager	Duncan Lewis, Senior Occupational Therapist
Where you will be based	Hospital

Why we want you

Springbank is a 12-bed in-patient recovery unit for women with a diagnosis of borderline personality disorder (BPD) who are struggling to cope with the demands of life outside of hospital, despite the input from community psychiatric services.

The purpose of this role is to maintain and cultivate the garden areas for our wards. (E.g., Maintenance, weeding, gardening developments). There is also the opportunity to assist in facilitating therapeutic horticulture groups with Springbank staff.

What you will be doing

- Maintaining and cultivating the garden area
- Assist in facilitating therapeutic horticulture groups with staff (Springbank role)
- Spending time with patients who show an interest in the garden

The skills you need

- Experience of gardening
- Ability to work alongside people as part of a team or follow instructions and work independently
- Good communication skills
- Physically fit

What's in it for you

- Local induction into CPFT and your department
- On-going support from a named member of staff
- Reimbursement of your travel expenses (on production of receipts)