

Volunteer Role Profile

Volunteer Role	Light Hand Massage Volunteer
Volunteer Manager	Louisa Bullivant - Voluntary Services Manager
Where you will be based	Other

Why we want you

The aim of the volunteer role is to improve the overall patient and staff experience by offering light hand massage support. A therapeutic, gentle touch hand massage designed to support staff within the hospital and community setting.

Not only will the volunteer have an opportunity to support the Trusts' Equality, Diversity and Inclusion team in the wellbeing of staff, but they will also be invited to attend, alongside the team to bespoke awareness events across Trust locations, to offer light hand massage to staff.

What you will be doing

- The training for hand massage will be offered to Volunteers via attendance at a practical training session, prior to being able to offer hand massage to staff (this half-day training course will be led and supported by a Jo Wallis, Equality, Diversity and Inclusion Lead.
- The hand massage training will be offered across all services within the Trust
- Be available to travel, have use of a car if necessary

The skills you need

- Volunteers will be able to demonstrate a sound understanding of the therapy practised, with a competence checklist signed off by voluntary services team prior to offering this service
- Volunteers will be expected to maintain clear, accurate and up to date records of hand massage provided, in accordance to Trust Policies and Procedures
- Volunteers will offer care, compassion, and empathy, have good listening skills, be non-judgmental, communicative, and confidential
- Be calm, respectful and ultimately have intention to support and relax staff
- Be independent in their role and support the wider MDT
- Be communicative, confident and competent in their role and have the ability to listen
- Be a versatile and adaptable person

What's in it for you

- Local induction into CPFT and your department
- On-going support from a named member of staff
- Additional training as required for your role
- Reimbursement of your travel expenses (on production of receipts)